

# IRELAND VINAYAKA TEMPLE Dublin, Ireland

### **Sthotras**



Shuklaambaradharam vishnum, shashi varnam chatur bhujam, prasanna vadanam dhyaayet, sarva vighna upashaanthaye

We meditate on Lord Ganesha - who is clad in white (representing purity), who is all pervading (present everywhere), whose complexion is gray like that of ash (glowing with spiritual splendor), who has four arms, who has bright countenance (depicting inner calm and happiness) and who can destroy all obstacles (in our spiritual and worldly path).



#### **Gayathri Manthra:**

om Bhur Bhuva svaha Tat savitus varenyam bhargo devasya dheemahi Dhi yo yonahs prachodayat.

Aum: Brahma or Almighty God Bhur: Embodiment of vital spiritual energy Bhuvah: Destroyer of sufferings

Swah: Embodiment of happiness

Tat: That

Savituh: Bright, luminous like sun

Varenyam: Best, choicest Bhargo: Destroyer of sins

Devasya: Divine Dhiimahi: May imbibe

Dhiyo: Intellect

Yo: Who Nah:Our

Prachodayaat: May inspire



Shaantaakaaram bhujagashayanam padmanaabham suresham vishvaadhaaram gaganasadrisham meghavarnam shubhaangam lakshmeekaantam kamalanayanam yogihriddhyaanagamyam vande vishnum bhavabhayaharam sarvalokaikanaatham.

I bow down before Vishnu, the Lord of all worlds and the remover of all causes of fear. He is of blissful form. he lies on a serpent bed. He sports a lotus on His navel. The Lord of the celestials. He supports the whole cosmos. His limbs are exquisite and His complexion is blue like that of the sky and the rain cloud. The consort of Lakshmi. He has eyes rivalling the lotus. The yogis meditate on Him in their innermost heart.



## Vakratunda Mahakaaya Surya-koti Samaprabha Nirvighnam Kuru Me Deva Sarva-Kaaryeshu Sarvada

The Lord with the curved trunk and a mighty body, who has the luster of a million suns, I pray to thee Oh Lord, to remove the obstacles from all the actions I intend to perform.



## **Shanthi manthra:**

om saha na vavatu saha nau bhunaktu saha veeryaM karavavahai tejasvinavadhItamastu maa vidvishvahai om shanthi shanthi shanthi hi